

Community Food Access Resources

Manet's Community Health Specialists (CHS) can help patients connect and apply for these food resources as well as other community resources. Call 857-358-7219.



General Resources

Supplemental Nutrition Assistance Program (SNAP)

<https://www.mass.gov/snap-benefits-formerly-food-stamps>

Monthly food benefits, path to work education and training opportunities, nutrition education classes and resources, utility discounts, school meals, and discounted admissions to museums.

Women, Infants & Children Nutrition Program (WIC)

(800-942-1007) <https://www.mass.gov/orgs/women-infants-children-nutrition-program>

Provides free healthy food, nutrition education, breastfeeding support, and referrals to healthcare for pregnant women, new mothers, infants, and children under 5.

My Brother's Keeper

(508-238-4416) <https://www.mybrotherskeeper.org/>

Provides free furniture, food, holiday gifts, and heating assistance to families in need.

Project Bread

<https://projectbread.org/>

Connects people to federal food programs and offers the Food Source Hotline—a free, confidential multilingual service (1-800-645-8333; Mon–Fri 8 am–7 pm, Sat 10 am–2 pm)—to help residents apply for benefits, locate pantries, hot meals, and more.

Community Servings

(617-522-7777) <https://www.servings.org/>

Delivers medically tailored, scratch-made meals at no cost to individuals and families in Massachusetts and Rhode Island facing critical or chronic illnesses.

Attleboro

Attleboro Norton YMCA Senior Meals

(508-409-0770) <https://www.attleboroymca.org/senior-programs>

Supports seniors who struggle to have hot evening meals due to financial, mobility, health and transportation issues.

Food n' Friends Program Attleboro Area Interfaith Collaborative

(508-222-2933) <https://attleboroareainterfaithcollaborative.org/food-n-friends/>

Provides food, resources, and spiritual care to those in the Greater Attleboro area. Check the website for locations, dates and times

Murray Church Food Pantry

(508-222-0505) <https://murrayuuchurch.org/social-justice/food-pantry/>

Assists those in financial need with food assistance to supplement their food shopping.

North Attleboro Senior Center

(508-699-0131) <https://www.nattleboro.com/589/Services>

Provides a variety of senior services, including weekday home-delivered meals for the homebound, daily hot lunches at the senior center.

Hebron Food Pantry

(774-331-2120) <https://hebronfoodpantry.org/>

Operates two primary programs: The Working Person's Pantry, for employed individuals and those collecting unemployment benefits and the Senior's Pantry, for anyone aged 60 and above.

Lenore's Pantry

(508-699-0100 ext. 2515) <https://www.nattleboro.com/807/Lenores-Pantry>

Serves local residents facing food insecurity and is available once per month. Must schedule an appointment by calling the Board of Health.

Hull

Wellspring Multi-Service Centers

(781-925-3211) <https://wellspringmultiservice.org/>

Offer guidance and resources to those experiencing barriers to their well-being. Available services include Community Outreach, Counseling, Elder Services, Food Security & Nutrition and more

South Shore Elder Services

(781-848-3910) <https://wellspringmultiservice.org/>

South Shore Elder Services' Meals on Wheels program delivers nutritious, medically appropriate meals to homebound adults aged 60+ across 11 South Shore towns, Mon–Fri.

Quincy

Quincy Community Action Program (QCAP), Southwest Community Food Center

(617-479-8181) <https://www.qcap.org/>

Helping people achieve financial stability through access to food, housing & heating assistance, early education & care, adult education, financial coaching, free tax preparation, and more.

Germantown Neighborhood Center

(617-376-1384) <https://ssymca.org/location/germantown-neighborhood-center/>

Hosts a food pantry on Wednesdays and Fridays for Quincy residents and features a community garden, music studio, and family events.

Interfaith Social Services

(617-773-6203) <https://interfaithsocialservices.org/>

Supports local families with emergency food, mental health counseling, homelessness prevention, and career resources.

The Salvation Army Quincy Corps

(617-472-2345) <https://easternusa.salvationarmy.org/massachusetts/quincy/>

Offers a range of vital community services, including emergency food assistance.

South Shore Elder Services

(781-848-3910) <https://sselder.org/mealsonwheels/>

South Shore Elder Services' Meals on Wheels program delivers nutritious, medically appropriate meals to homebound adults aged 60+ across 11 South Shore towns, Mon-Fri.

Friends of the Homeless

(617-479-8181) <https://www.friendsofhomeless.org/>

Provides shelter, food, clothing, education, and advocacy to help families transition from homelessness to permanent housing.

Taunton

Citizens for Citizens, Inc

(508-823-6346) <https://cfcinc.org/>

Provides short- and long-term support to help low-income individuals and families overcome financial hardship and build self-sufficiency.

Taunton Council on Aging

(508-821-1425) <https://www.taunton-ma.gov/443/Department-of-Human-Services-Council-on->

Supports residents 60+ with programs that promote health, independence, and well-being. Services include fitness classes, meals, educational programs, case management and more.

St. Mary's Food Pantry

(508-821-4845)

Food pantry offering nutritious staples—produce, dairy, and protein—tailored to help families in Taunton experiencing food insecurity.

North Taunton Food Pantry

(508-822-1941)

Providing free food, including fresh produce, dairy, and proteins, to individuals and families in need. It operates on the 2nd and 4th Saturdays of each month from 9 AM to 11 AM, and visitors are encouraged to call ahead.

Our Daily Bread Kitchen

(508-824-1788)

Serves free hot meals and take-away sandwiches on weekdays, to help those experiencing hunger.

St Vincent de Paul

(508-823-6676)

Provides community support through food pantry services and thrift offerings.

Bristol Aging & Wellness

(774-627-1390) <https://www.bristolaging.org/services/nutrition/>

Bristol Aging & Wellness's Nutrition Program (Meals on Wheels) offers weekday lunch to adults aged 60 and older, either at community centers or delivered to homes based on mobility, following an in-home assessment by a case manager.

Manet's North Quincy location (110 West Squantum Street) hosts Fair Foods every other Wednesday, offering fresh fruits and vegetables for \$2 a bag! Additional items may also be offered depending on availability. Everyone is welcome!