



Quick Reference Guide/ Quincy and Hull

Affordable Housing

Quincy Housing Authority

80 Clay St
Quincy, MA 02170
(617) 847 4350
<https://www.quincyha.com/>

Hull Housing Authority

6 Atlantic House Court
Hull, MA 02045
(781) 925 4544

Quincy Community Action Program

1509 Hancock St, 3rd Floor
Quincy, MA 02169
Main (617) 479 8181
Housing Programs (617) 657 5376
<https://www.qcap.org/>

Friends of the Homeless of the South Shore

PO Box 202
Weymouth, MA 02191
(781) 340 1604
<https://friendsofhomeless.org/>

WellSpring

814 Nantasket Avenue
Hull, MA 02045
Main (781) 925 3211
Housing Help (781) 925 3211 x127
<https://wellspringmultiservice.org/client-services/#unique-id5>

Father Bill's Mainspring

38 Broad St
Quincy, MA 02169
(617) 770 3314
<https://helpfbms.org/>

Department of Housing and Community Development (DHCD) Triage

Shelter for families with children under 21
(866) 584 0653
<https://www.mass.gov/how-to/apply-for-early-emergency-family-shelter>

Food Assistance

Southwest Community Food Center

18 Copeland St
Quincy, MA 02169
(617) 471 0796
<https://www.qcap.org/our-programs/food-nutrition/>

Germantown Neighborhood Center Food Pantry

366 Palmer St
Quincy, MA 02169
(617) 376 1384
<https://ssymca.org/location/germantown-neighborhood-center/>

Salvation Army Quincy Food Pantry/ Breadline

6 Baxter St
Quincy, MA 02169
(617) 472 2345
<https://centralusa.salvationarmy.org/midland/quincy/cure-hunger/>

Interfaith Social Services

105 Adams St
Quincy, MA 02169
(617) 773 6203
<https://interfaithsocialservices.org/food/>

Fair Foods

110 West Squantum St
Quincy, MA 02171
Every other Wednesday

Aunt Dot's Kitchen

814 Nantasket Ave
Hull, MA 02045
Main (781) 925 3211
Food Security (781) 925 3211 x122
<https://wellspringmultiservice.org/client-services/#unique-id5>

Meals on Wheels

South Shore Elder Services
Outreach and Referral Dept (781) 848 3910
<https://sselder.org/mealsonwheels/>

Project Bread FoodSource Hotline

(800) 645 8333
<https://projectbread.org/foodsource-hotline>

DTA Quincy – SNAP

1515 Hancock St, Unit 105
Quincy, MA 02169
(617) 249 8200

WIC Quincy

121 Whitwell
Quincy, MA 02169
(617) 376 8701
<https://www.mass.gov/locations/quincy-wic-program-main-clinic>

Commodities**Bureau Drawer Thrift Shop**

105 Adams St
Quincy, MA 02169
(617) 773 6203 x32
<https://interfaithsocialservices.org/thrift-shop/>

Salvation Army Family Store #15

87 Westgate Dr
Brockton, MA 02301
(508) 427 9993

Goodwill Quincy

625 Southern Artery
Quincy, MA 02169
(617) 745 4144

WellSpring Thrift Shop

814 Nantasket Avenue
Hull, MA 02045
(781) 925 3211 x114
<https://wellspringmultiservice.org/the-shops>

WellSpring Thrift Shop

409 Washington St
Weymouth, MA 02188
(781) 800 0246
<https://wellspringmultiservice.org/the-shops>

Manet Prevention Team

549 Washington St
Quincy, MA 02169
(617) 993 0100

Heat Assistance**Quincy Community Action Program**

1509 Hancock St, 3rd Floor
Quincy, MA 02169
Main (617) 479 8181
Energy Programs (617) 657 5301
<https://www.qcap.org/our-programs/energy-programs/#heating>

Hull Senior Center

197A Samoset Ave
Hull, MA 02045
(781) 925 1239 x207

<https://www.town.hull.ma.us/council-aging/pages/fuel-assistance>

WellSpring

814 Nantasket Avenue
Hull, MA 02045
(781) 925 3211

<https://wellspringmultiservice.org/client-services>

Home Energy Assistance (LIHEAP)

100 Cambridge St, Suite 300
Boston, MA 02114
(617) 573 1100

<https://www.mass.gov/info-details/learn-about-home-energy-assistance-liheap>

Prescription Assistance

Manet Navigators

110 West Squantum St
Quincy, MA 02171
(617) 376 3000

Good Rx

(855) 268 2822
<https://www.goodrx.com/>

Medical Transportation

MART

(866) 834 9991
<https://www.mrta.us/>

South Shore Elder Services

350 Granite St, Suite 2303
Braintree, MA
(781) 848 3910
<https://sselder.org/>

Council of Aging

440 E Squantum St

Quincy, MA 02171
(617) 376 1506

https://www.quincyma.gov/departments/elder_services/index.php

MBTA The Ride

1000 Massachusetts Avenue
Boston, MA 02118
(617) 337 2727

<https://www.mbta.com/accessibility/the-ride/how-apply-the-ride>

Hull Council of Aging

197A Samoset Ave
Hull, MA 02045
(781) 925 1239

Employment Support

MassHire Quincy Career Center

1515 Hancock St
Quincy, MA 02169
(617) 745 4000
<https://masshiress.com/>

Quincy Family Resource Center

1120 Hancock St, 1st Floor
South Entrance
Quincy, MA 02169
(617) 481 7227
<https://www.quincyfamilyrc.org/services/#programs-services>

Quincy Community Action Program

1509 Hancock St, 2nd Floor
Quincy, MA 02169
(617) 657 5355
<https://www.qcap.org/our-programs/financial-reach-center/>

Domestic Violence

DOVE

PO Box 690267
Quincy, MA 02269
24 Hour Hotline (617) 471 1234
Main (617) 770 4065
<https://www.dovema.org/>

Safelink

Hotline (877) 785 2020
[https://www.mass.gov/info-
details/massachusetts-safelink-resources](https://www.mass.gov/info-details/massachusetts-safelink-resources)

Utilities

National Grid

(800) 322 3223
Outages (800) 465 1212
Gas emergencies (800) 233 5325
[https://www.nationalgridus.com/ma-
home/contact-us/](https://www.nationalgridus.com/ma-home/contact-us/)

Eversource

(800) 592 2000
Power out (800) 592 2000
Gas emergency (800) 592 2000
[https://www.eversource.com/content/resid-
ential/contact-us](https://www.eversource.com/content/residential/contact-us)

Hull Municipal Light Plant

15 Edgewater Road
Hull, MA 02045
(781) 925 0051
[https://www.town.hull.ma.us/hull-
municipal-light-plant](https://www.town.hull.ma.us/hull-municipal-light-plant)

Braintree Electric Light Department

150 Potter Road
Braintree, MA 02184
(781) 348 2353
<https://www.beld.com/>

Legal Assistance

Greater Boston Legal Services

197 Friend St
Boston, MA 02114
(617) 371 1234
(800) 323 3205
<https://www.gbls.org/>

Volunteer Lawyers Project

7 Winthrop Square
Boston, MA 02110
(617) 603 1700
Main (617) 423 0648
<https://vlpnet.org/>